

# Newsletter

Issue 10

18/11/21



Share Your Gifts

## Head's Blog...

Another week closer to Christmas and what a super week it has been. Again, we've been amazed at the great things going on around the school and have observed some super learning behaviours during our time spent in classes this week. Children are working hard to learn and talk about our three school rules; **follow instructions with thought and care, care for everyone and everything** and **show good manners at all times**. Parents, why not ask your children if they can talk about these rules at home? I hope you'll be impressed!

Today we celebrated Children in Need across the school and I have loved seeing your Strictly Come Dancing inspired sequins and sparkles. I'm proud to share that we have raised a superb £345.50. Thank you for your generous donations for this worthy fundraiser which has been another great example of our school community showing care and compassion for others.

This week, we've also celebrated Anti-Bullying Week. Miss Edney has kindly shared some of the super work classes have produced to mark the week and has written about how we marked the occasion later in the newsletter.

Don't forget to sign up to our early reading parent information session from 2pm-3pm on Wednesday 24th November if you are a parent or carer of children in reception and Key Stage One. Mrs Horwell will be leading the session which I am confident you will find valuable for support your child's learning at home. To book your place, please phone the school office on 01726 64322.

Have a restful and enjoyable weekend and I look forward to seeing you next week.

## Dates for your diary...

### 2021/22 Autumn Term Diary Dates:

23rd November 2021 - Football match vs Pondhu

24th November 2021 - Early Years and KS1 Parent Information session

17th December 2021 - Last day of the Autumn term **(NO AFTER SCHOOL CLUB)**

4th January 2022 - First day of the Spring term

2021/22 Inset Days: Mon 25th Jul 2022 / Tues 26th Jul 2022

## School Meals

Please ensure that you book your school meals in advance, via Parent Pay. A main option will need to be chosen as we are catering to requirements. Pudding is chosen on the day.

If you change your mind and your child comes to school with a packed lunch, it is essential that before 9.30am, you either cancel your Parent Pay choices or contact the school office for us to update the kitchen.

## Our School Vision...

At Bishop Bronescombe, we strive to live by our Christian values to inspire the very best in our pupils. We work together with passion, to create a trusting, nurturing environment where everyone feels valued, secure and respected. We provide exciting and engaging opportunities to allow our pupils to persevere, thrive and achieve; to make the most of God's gifts and to develop their talents. We encourage children to take risks and show courage, having high expectations of each other and high aspirations for the future. Our aim is to ensure our children become successful, and compassionate citizens of the future.



Our school vision is at the heart of all we do at Bishop Bronescombe and each week, I'll be sharing the achievement of a child who has worked hard to share their gifts and talents.

Well done to Seb and Piran from Little Doves and Little Lambs, who have shared their gifts in sport this week. After being asked to attend a trial with Plymouth Argyle, they have been accepted into their Youth Elite Hub and will train with them every week!

A fantastic achievement, Seb and Piran. We are all really proud of you both!



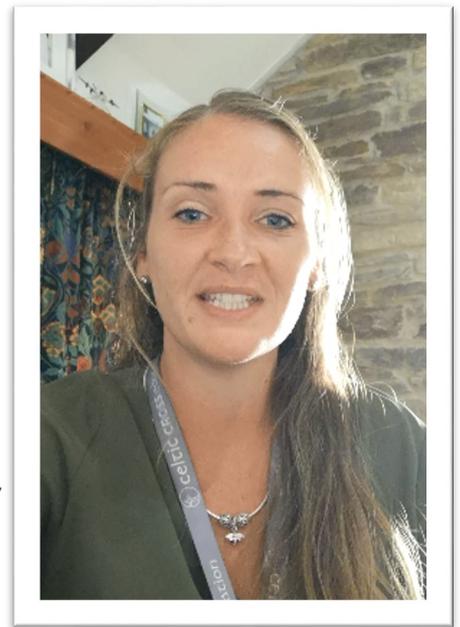
## PSA Information

As many of you know, wellbeing and mental health are topics I am passionate about. Parenting often throws us 'curve balls' which can cause us to doubt ourselves and force us to give ourselves a hard time! You can now access 'Parenting advice from our child mental health experts' with practical tips to support children's wellbeing and manage behaviour by visiting <https://parentingsmart.place2be.org.uk/>

There are a variety of topics covered and are all really accessible with information provided via short videos to watch or easy-read advice. Why not take a look now at what is on offer and save the webpage tab to your saved pages for future reference.

Should anyone wish to get in touch to talk through a particular issue that you are encountering, you can reach me by texting 07903 613074.

Terri-Anne (Parent Support Advisor)



## Notices

**Do you have a child starting school in September 2022?**

**Bishop Bronescombe C of E School  
Open Afternoons**



**Come and join us for a tour of the school on the dates below from 1:30pm-2:30pm**

**Wednesday 3rd November**

**Wednesday 10th November**

**Wednesday 17th November**

**Wednesday 24th November**

**Book a space by calling the school office on 01726 64322.**



### School Admissions

The online application process for Starting School or transfer to Junior School for September 2022 has now started.

Please ensure you name **more than one preference**. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).

## This week's achievers

Well done to the children below for following our BB Rules for Life. This week, we are celebrating our achievements in PE!

### Little Doves

Jowan

For being an excellent lead dancer in their dance piece!

### Little Fish

Sophie

For great partner work to create a short dance including penguin and polar bear movements.

### Little Lambs

Harry

For working hard to create an under the sea dance sequence.

### Peacocks

Ellie

For showing amazing perseverance and enthusiasm in hockey.

### Pelicans

Karys

For showing great sportsmanship and putting 100% effort in PE lessons.

### Phoenix

Sennen

For enjoyment and enthusiasm in all sports. Sennen will give any new sport her best and tries everything and has shown great commitment to after-school clubs.

### Angels

Michael

For showing an incredible stamina for PE activities, particularly when running for a pro longer time and learning how to pace ourselves to develop our racing skills.

### Faith

Emma

For working hard and being amazing in PE this week

### Hope

Grace

For using a range of netball passes with accuracy and knowing the reasons why and when different passes are used.

We have also been learning about and celebrating the Christian value, **forgiveness**. The following children have shown forgiveness this week.

### Little Doves

Alex

### Little Fish

James

### Little Lambs

Piran

### Peacocks

Silas

### Pelicans

Eleanor

### Phoenix

Isabelle

### Angels

Freya

### Faith

Alfie

### Hope

Joshua



Do you have a child in Early Years or Key Stage One? Would you like to find out more about how to support your child with their reading? You are invited to join us to learn about our phonics programme and how to help your child progress in reading.

Join us in the hall on  
Wednesday 24th November at 2pm-3pm

We aim to ensure social distancing guidelines are followed during these sessions and encourage mask wearing. We therefore ask that you call the school office on 01726 64322 to book a place.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



## 7 Top Tips for Supporting Children to EXPRESS THEMSELVES SAFELY ONLINE

The past year has left many children feeling uncertain and worried. So Children's Mental Health Week 2021 has adopted the theme of 'express yourself'. It's not necessarily about being the best – but instead encouraging young people to relish the joy of being 'in the moment' and loving what they do. So whether they're into music, art, photography, film, drama or dance, here are our top tips for helping your child to express themselves safely online.

### 1 Celebrate their Identity

Celebrating who children are and reminding them of their uniqueness has a huge impact on their confidence and self-esteem. This week, remind them of what you love about them. You could revisit some photos and videos on your phone or computer of special times you've shared. Chat about the importance of finding time to do what they love; underline that it's an important part of who they are.

### 2 Promote Their Passions

It's different for all of us, but every child has something which ignites their passions and brings them joy. Perhaps they love music and you could introduce them to a music-making app? Or if they enjoy taking photos or making videos, use this week to set a photography or video competition at home, with some fun categories.

### 3 Support Their Interests

Some children seem to know instinctively what interests them and what they enjoy doing; others can be less decisive about hobbies. Spend some time this week sharing their interests and doing something connected to it together. You could make a short Lego film to post on your Instagram, a vlog about baking that you share with relatives, or just play with them on their favourite video game.

### 4 Help Them Help Others

Some children love to express themselves through activities which help others. Perhaps your local area's Facebook group has a community project that your family could get involved with – even as a one-off; it doesn't have to be a long-term commitment. Depending on your child's age, you could introduce them to online fundraising (such as sites like JustGiving, for example) and how it can make a difference to less fortunate people.

### 5 Enable Emotional Expression

Children sometimes need help in articulating how they're feeling and in beginning to understand how to manage their emotions. A safe, healthy way for your child to explore their feelings is to let them conduct an activity – like listening to a story, or creating some art – and discuss with them afterwards how it made them feel. There are lots of stories available on YouTube, while Audible is streaming children's audiobooks free of charge while schools are closed. YouTube also has a plethora of fun art tutorials (if you log in on an adult's account, remember to adjust your settings first to block inappropriate content and stop potentially unsuitable material auto-playing).

### 6 Let Them Stay Connected

The online world is a fantastic space for staying in contact with those who we can't be with right now. Young people are often very comfortable using social media to express themselves and stay connected by sharing their ideas, thoughts and feelings with friends. But bear in mind that most social media platforms require a child to be at least 13 before they should access it (WhatsApp is 16). Remind your child that, while it's OK to express who we are on social media, they should still always think before posting – and that their self-worth is never measured by their number of likes, friends or followers.

### 7 Coach 'Safe Sharing'

As part of expressing themselves, your child may want to share something online that they've created – like a funny video, a sketch, a meme or a dance. If they're too young to have their own social media, you could use your own account to share it with selected people who you trust. Emphasise the importance of only sharing content with people that your child knows well, like family and friends. This type of conversation is also useful for introducing young people to the risks and challenges that can come when expressing ourselves to a wider online audience of strangers.

## Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



## About Children's Mental Health Week

Around three children in every primary school class has a mental health problem. Many more struggle with challenges from bullying to bereavement. Now in its seventh year, Children's Mental Health Week shines a spotlight on the importance of young people's mental health – and it's never seemed more relevant than it does in 2021.

Find out more at [www.childrensmentalhealthweek.org.uk](http://www.childrensmentalhealthweek.org.uk)

## Anti-Bullying Week

Thank you so much to everybody who helped to kick-start our anti-bullying week off by embracing Odd Socks Day, and coming in to school wearing all sorts of colours, textures and patterns! It is always great to see how involved Bishop Bronescombe as a community becomes when we are focusing on a topic as important as bullying. It's heart-warming to know that as a school we are able to nurture truly considerate and compassionate children.

As well as Odd Socks Day, all of the children in school have spent time with their classes thinking about the concept of kindness. In our classes, we discussed the importance of showing kindness to both ourselves and those around us, and we created a bank of ideas to help us do this. We also were able to explore why showing kindness is so important, and why it can work to resolve bullying and the upset that it causes.

I know that the class teachers were truly blown away by the level of thought and care the children showed, and with their wonderful ideas for kindness.

Well done everyone! It was lovely to hear from your teachers how proud they were of your care, consideration and fantastic ideas!

Miss Edney



## Subject of the week...

This week, we are diving into computing with Mr Deadman who has been meeting with small groups of children across the school to discover their views on their how to keep themselves safe online. Here are what our children responded with when asked about how to keep themselves safe...

You can get hacked by giving extra information, or if you are sent something to click on.



If we see things online we shouldn't we would tell someone who is looking after us like mum dad or the teacher. But not the person online because that could be the danger!



I can protect myself online by using a password and it shouldn't be obvious as they can be guessable and log into your account and do thing like spend your money and pretend to be you.



We have to keep our logins safe so no one can login into our accounts and mess around with our things.

