

Video Interaction Guidance

How to access the Video Interaction Guidance (VIG) Service

VIG is a therapeutic intervention which uses video feedback to support change in family relationships by focusing on strengths and allowing opportunities for reflection. VIG is effective with children and young people of all ages, including children in care with their foster carers and in adoptive families. VIG is most effective when offered to a family when the child is very young or at the early stages of a difficulty being identified. Follow this link to a short video which describes VIG. www.youtube.com/watch?v=WvPRdMZmj-Q

VIG requests will be accepted when there is evidence of:

- a lack of emotional warmth in the relationship
- a predominance of negative responses from the parent or carer to the child
- the parent or carer is not being able to see the world from the child's point of view
- the parent or carer having difficulty bonding with their baby or has missed the opportunity to bond with their child when younger
- the parent or carer being at the early stages of developing a relationship with the child and will benefit from some support to do this
- a parent or carer needing support to implement their learning from other interventions, e.g. Incredible Years, Triple P, Time Out

Before making a request please consider the following

- Has the assessment you have done with the family or child indicated that VIG would be the appropriate intervention? If so, can you make sure this is clear as part of your request for VIG.
- Have you discussed whether VIG would be an appropriate intervention with other people working with the family and is everyone clear why VIG would be helpful?
- What change is hoped for from the parent or carer and has this been mutually agreed?
- What impact will this have on the child's lived experience? Is the parent or carer clear about this?

Workers in the VIG Service are not case holders and therefore the family must have a case holder, lead professional or named health visitor during the VIG intervention.

The VIG service accepts requests for involvement from health visitors (for children aged 3 and under) and practitioners working within Children and Family Services.



To request the VIG Service please go to the Early Help Hub and complete the general request form at www.cornwall.gov.uk/earlyhelphub. Staff in Early Help or Social Work teams can agree the request with the team manager who can then request VIG through a **case management decision**.

The VIG Service considers all requests at a monthly allocation meeting, which is held on the first Thursday of each month. If VIG is deemed to be an appropriate intervention for the family, a VIG Practitioner will be assigned and the work prioritised according to need.

Contact us

Email: vigservice@cornwall.gov.uk

Call: **01209 614128**