

## Our School Blog...

We come to the end of another busy term. This week, our footballers and netballers have again shared their talents with fantastic performances and results against Mevagissey. Our year 3/4 team were very unlucky to come away with a draw, all thanks to some fantastic work from the opposition's goalkeeper. A special mention to Max for his first goal! Our year 5/6 team took a little while to get going but eventually won with a score of 3-0 with goals from Korey, Ellison and Jax. In netball, there was a convincing 11-1 win for our team with some real stand out performances. Again, the children performed with respect and pride.

On Tuesday, we were so pleased to welcome Rev. Jules back into school to deliver an Easter Communion service kindly organised by Mrs Horwell. We were lucky with the weather and the whole school gathered on the playground to remember the story of Easter and worship with some incredible singing. It was wonderful to get everyone together again and we hope that this can continue as we move into the summer term.

Today our KS2 children were lucky enough to receive a visit by members of the RNLI beach lifeguard team. They spoke with the children about water and beach safety. Living in Cornwall and being surrounded by the sea, we felt it was important to educate our young people about the dangers they may face and how to look after themselves. The session covered sun safety and the importance of sun cream, the flags the lifeguards use and what they mean, how to be safe in the water and where to get help on the beach.

Before we move into the Easter holidays, we would like to remind you that should you require family support, the Early Help Hub remain contactable. You can telephone on 01872 322 277 to request help and parenting advice. You can also use the online parent request for support form <a href="https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/early-help-request-form-for-parents/">https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/early-help-request-form-for-parents/</a>

Young Minds also have their fantastic parent helpline that you can call for detailed advice, emotional support and signposting about a child or young person up to the age of 25. Call free on 0808 802 5544 from 9:30am - 4pm, Monday - Friday.

Shout 85258 is a free, confidential, anonymous text support service available to anyone feeling as though they cannot cope and need to talk. To start a conversation, text the word 'Shout' to 85258. If you're feeling low, anxious, worried, lonely, overwhelmed, suicidal or not quite yourself, they are there for you.

Young people struggling to cope, can also access a text service by texting YM to 85258 for free, 24/7 support.

As a school we remain able to provide emergency foodbank vouchers to families in need. Emma Antoniou, our School Chaplain, will remain contactable on 07579 057078 or by emailing <u>st-lukes-church@outlook.com</u>

We'd like to take this opportunity to wish you a wonderful Easter break.

Miss Jane and Mr Hobbs

### **Uniform Policy**

We politely ask that you continue to ensure your child wears the correct uniform which was also reiterated on class dojo this week.

This includes:

- -a navy school sweatshirt or cardigan
- -red polo shirt
- -dark grey (or black) trousers, skirt or pinafore dress
- -black, grey or white socks or tights
- -black shoes

#### PE Kit

- -white t-shirt
- -black shorts
- -black plimsolls or trainers for outdoor use

During the Summer, children may wear

- -grey shorts
- -summer dresses in red and white gingham or stripes

### **Swimming Kit**

Boys: swimming trunks



This week we celebrate Max, for sharing his talent for football.

Not only did he wow us with some very fancy foot work, he scored his first goal for BB and played like a pro.

Our school vision is at the heart of all we do at Bishop Bronescombe and we feel it is important to sharing the achievement of a child who has worked hard to share their gifts and talents.







# Amazing Work



### **BB** Sports News

#### **FOOTBALL**

#### Year 3-4. BB 1 - Meva 1

An excellent team performance saw BB dominating the ball and all the possession. Jenson once again, was the puppet master in the middle of the pitch, ensuring all his team mates had plenty of time on the ball and was selfless in his play, all game. After peppering the Meva goal with a number of shots, that were either saved or crashed off the cross bar, it was finally our new-found star, Max, who broke the deadlock and put BB ahead after a scramble in the box. It looked like this would be the beginning of the end for Meva, as BB continued to press and looked like scoring, with Jamie working tirelessly. Unfortunately, Meva hung on and snatched a late equaliser with their only attempt of the game.

All round good performance from year 3-4. Star man - Jenson

#### Year 5/6: BB 3 - Meva 0

A comfortable victory for the oldies, with goals from Ellison, Korey and Jax. The boys once again dominated play and got into the game fairly quickly with some tricky wing play by both Kyran and Ellz. The final ball was slightly lacking and it took a piece of individual brilliance from Korey to finally break them down. From then, Ellison's long-range effort found the net with Shay ready to pounce if the keeper were to have spilled it. Mr Consistent Lucas looked as composed as ever and made defending look simple alongside either Ben or Jacob. Jax, who I hear from Mr Hobbs, stood out in last week's match didn't disappoint and once again shared his gift with what can only be described as a wand of a left foot. A very exciting talent. To quote Mrs Horwell "Do you pick man of the match? If so it has got to be Jax hasn't it!" and rightly so.

#### **NETBALL**

A HUGE well done to the netballers this week who won their match against Meva with a massive 11 goals to 1. The children played brilliantly throughout the match and really worked well together as a team. Miss Dwan would like to give an extra special shoutout to Amelia for not only doing a great job in her first ever netball match but also, for working so hard to get herself into a space so that she could move the ball down the court- great work, Amelia! Thank you also to Miss Dwan for attending the match- she will have to come to them all now after being such a lucky mascot for the children!

Well done everyone, you are doing so well!

Miss Mewton

# Dates for your diary...

Monday 25th & Tuesday 26th April - Pelicans class Parent Consultations

Tuesday 26th April - Y2 parents SATs meeting at 3:30pm (school hall)

Thursday 28th April - Online Safety Webinar at 7pm-8pm

Wednesday 4th May - Class photos

<u>2022 Inset Days</u> Mon 6th June 2022 / Mon 25th Jul 2022 / Tues 26th Jul 2022

### A huge THANK YOU!



We were overwhelmed by the support received from you all, in the form of donations for the Ukraine.

Thank you so much for your generosity.





### **RNLI**

On Friday, KS2 had a visit from the RNLI.

The lifeguards that came arrived with flags, banners, posters and other equipment to aid them in giving the children key safety advice about staying safe on the beach and in the water.

The children were eager to learn about the message the lifeguards were giving and one of the lifeguards even commented on how well our BB children were behaved and said they were a pleasure to teach.





### Parent Support Bulletin





You'll be more available

for and connected with your children if you're

interacting, hugging and

playing with them rather

than simply staring at a

#### **PSA Bulletin**

### This week let's talk about 'The TECH-Effect Neglect'

According to latest statistics 40% of 5 -15 yr. olds have their own tablet/device

### Why should we worry?

- If used responsibly, technology can enhance daily life. If used without thought, technology can displace so many other important activities such as quality face-to-face interactions, family-time, outdoor play, exercise and even sleep.
- Our children have the potential to have access to an 'online world', their peers and media influences 24/7. They NEED

words of advice. They learn a great deal from what they see. This means

that as parents we must also consider our own usage and behaviours as their role models as well as monitoring what they may see online.

- We all need time to be 'unplugged' it allows for creativity as well as rest.
- Do you know how to play... without the use of technology? Playtime should be a daily priority.
- Do you notice attention-seeking behaviours from your children? How often are you able to give your undivided attention to them? Are you emotionally-disconnected because of a screen?
- In your home is screen time 'alone time'? Is 'tech' being used as a babysitter? Don't just monitor them online—interact with them, so you can understand what they are doing and be a part of it.
- Do you turn to 'tech' to pacify the kids? Children need emotionally available adults to respond to their 'big emotions' not a screen. Children are tech-savvy from an early age these days but many are lacking in emotional skills.

Co-view, co-play and co-engage with your children when they are using screens - it encourages social interactions, bonding, and learning. Play a video game with your kids. It's a good way to demonstrate good sportsmanship and gaming etiquette. Watch a show with them; you will have the opportunity to introduce and share your own life experiences and perspectives—and quidance.

"Even though technology can provide wonderful opportunities, it can also have negative effects on health and well-being. With a little effort and a commitment to being fully present, parents can easily make technology work for them rather than against them."

### Parent Support Bulletin continued...





### Tips for families - what your primary school wants you to know!

- 1. Create no tech zones. Bedrooms are not the safest place for children to disappear to their tech. Shared/communal spaces ensure that parents are more likely able to monitor activity and also find themselves more likely to propose alternative engagement/entertainment. It's not ok for children to be out of sight and out of mind.
- 2. Protect certain times of the day. Mealtimes and bedtime routines should not be compromised by screens. Families who can 'down-the-tech' learn to communicate more effectively with each other. Set boundaries about how much time can be spent on screens. Research shows that families experiencing behaviour issues, obesity and poor sleep are very often linked to excessive screen time. Parents have the responsibility to promote a healthy balance and lifestyle. Role-model that despite having smart tech at our finger tips, we too, as adults, can put 'work' or 'social media' down and choose to interact or entertain ourselves differently.
- 3. Toddlers and young children's developing brains need unstructured playtime and human interaction. Remove the tech to foster this environment naturally within your home. Health professionals can sadly detect very easily the children who have experienced 'lack of interaction' and this can affect their growth and development.
- 4. Take an active interest in what your child enjoys to play or view on screens. Ignorance cannot be bliss. It is our job as adults to be sure about what our children are doing on screens. Educate yourself about apps and games that are popular before making a decision to allow it to be downloaded. Use the parental controls and restrictions in settings as well as setting devices up to filter and block content.
- 5. Be firm about what is not appropriate viewing age ratings are in place for a reason. Safeguarding concerns are often flagged in schools when children innocently comment to their peers or teachers about what they have been watching/playing. Parents have a responsibility to protect their children from viewing inappropriate content (sex, drugs, violence etc). This can be even harder to manage when you have children in the home who are older and perhaps allowed to access different content to that of their younger siblings.
- 6. Introduce 'tech' and 'screen time' as a privilege rather than a right! Use this to your advantage when considering your house rules discipline. Privileges are earnt
- 7. Pre-teens should not have social media accounts. They are not emotionally prepared in terms of their development to use these platforms safely and as a result are incredibly vulnerable. Please do not support them to sign up to something that means you have to 'lie' about their age.
- 8. Children with access to gaming devices should have these set to a 'child's account' that enables a responsible parent to safely monitor, restrict and protect their child.

How to contact me:

It's never too soon to make contact if you have any concerns. You can reach me via text on the PSA mobile 07903 613074 or via email, <a href="mailto:terri-anne.old@celticcross.education">terri-anne.old@celticcross.education</a>



### School spaces available for September 2022



### Other Notices

