

# Newsletter

Issue 35

24.06.2022

## Our School Blog...

Another busy week for us here, with some fantastic weather!

The children have loved being outside so much during break and lunchtimes this week. The wonderful weather has also allowed the classes to start practising for our sports day which will be on Friday 15th July. It has been great to see them supporting each other and challenging themselves to run faster and throw further.

On Tuesday, KS2 had a visit Network. They gave an informative talk about on how to stay safe around rail lines and the dangers that are associated with the railway. Our visitor was very impressed with the engagement of the children and their mature, respectful responses within the discussions. She commented that our children should be commended for listening intently and asking some very thought provoking questions.



Our year 4 children took part in the government multiplication check on Wednesday. They showed incredible perseverance, determination and focus to answer 25 questions using their times table knowledge. Having only 6 seconds to answer each question was incredibly tough but their courage shone through and they all shared their talents and completed the task with resilience.

The English Hub were invited into school at the end of last week, to observe our early reading programme and how we teach our children to read. There were lots of positives from the visit, as well as some areas identified for development. We believe that reading is vital for our young children to succeed and become confident learners and we place it at the centre of our curriculum. We give all children as much time as possible to read or experience reading and encourage them to read at home as often as they can. This can be on their own if they are older and are using Accelerated Reader to complete quizzes on their books, or with a parent or guardian if they are less confident and want to practice. Our website has some more information about reading at all ages and suggestions for books that the children might like to read.

This week we have had our delivery of books to celebrate the Queens Jubilee. This once in a lifetime history book tells the story of the young princess who grew up to become our longest reigning monarch. It celebrates the achievements and people and places that have become part of her remarkable legacy. All children from EYFS to Year 6 will bring this fantastic gift home today.

Finally, you will have seen in earlier communication that Miss Jane will be leaving us at the end of the school year to take up another role within the trust for one year. I am sure you will all join me in wishing her all the best in her new role.

Have a restful weekend.

Miss Jane and Mr Hobbs

Our school vision is at the heart of all we do at Bishop Bronescombe. We feel it is important to share the achievement of a child who has worked hard to share their gifts and talents.



## This week's attendance

The expected average attendance for a child is 96% for the year.

Our attendance for this week is 93.99%

Our attendance for this school year is 93.45%

Well done to Little Fish class for being the attendance stars of the week!

Class	%	Lates	Class	%	Lates
Rainbows/Stars	97.06	1	Peacocks	96	3
Little Doves	96.54		Phoenix	91.03	1
Little Fish	97.33		Angels	90.65	
Little Lambs	91.33		Faith	93	2
Pelicans	96.21		Hope	92.88	



## ***This week's achievers***

Well done to the children below for following our BB Rules for Life. This week, we are celebrating our achievements in PSHCE.

### **Little Doves**

#### **Laurence**

For always having a mature viewpoint which you are willing to share and discuss

### **Little Fish**

#### **Darcie**

For showing good listening and giving thoughtful contributions in PSHCE lessons, and for trying hard to be a good citizen

### **Little Lambs**

#### **Ethan**

For always joining in discussions in PSHCE with thought and care

### **Peacocks**

#### **Sienna**

For always giving mature and thoughtful responses in our PSCHE lessons

### **Pelicans**

#### **Emily H**

For contributing to PSHCE lessons with a positive attitude

### **Phoenix**

#### **Bow**

For showing maturity, empathy and respect during PSHCE lessons about mindfulness and mental health

### **Angels**

#### **Mia**

For showing a mature attitude when talking about potentially sensitive subjects, and applying what you've been taught to your own experiences. Well done Mia

### **Faith**

#### **Maisie**

For showing a mature attitude and dealing with problems with honesty and courage

### **Hope**

#### **Isla**

For working with other Eco Saviours to problem solve and find ways to actively improve the wellbeing of pupils through daily mindfulness activities



## This week's achievers...



This week, we learnt about and celebrated the Christian value respect.

### Little Doves

#### Ava

For supporting a peer with a difficult task without hesitation or judgement

### Peacocks

#### Alex M

For showing fantastic manners to everyone. You are always so respectful

### Angels

#### Jasmine

For your genuine politeness and consistent manners to both adults and children around you

### Little Fish

#### Caitlin

For always being respectful of others

### Pelicans

#### Ilah-Mae

For always being respectful of both students and adults

### Faith

#### Ethan

For showing so much respect to adults and peers, but in particular to the environment around him

### Little Lambs

#### Ami

For always showing respect to adults, peers and the learning environment

### Phoenix

#### Ethan M

You have shown maturity and respect during guided reading sessions this week and have been trying really hard to show respect to adults and

### Hope

#### Troy

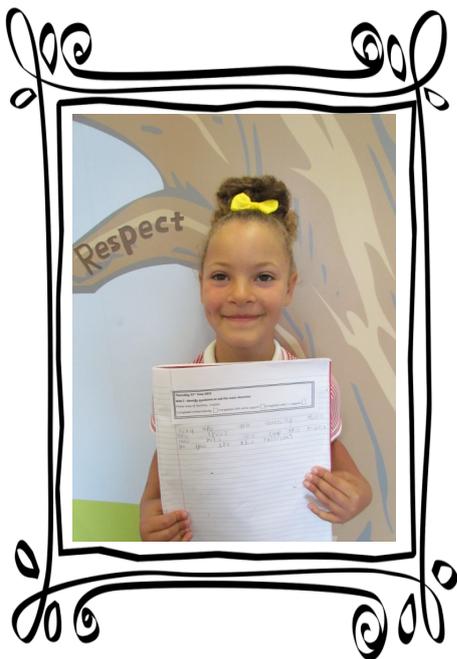
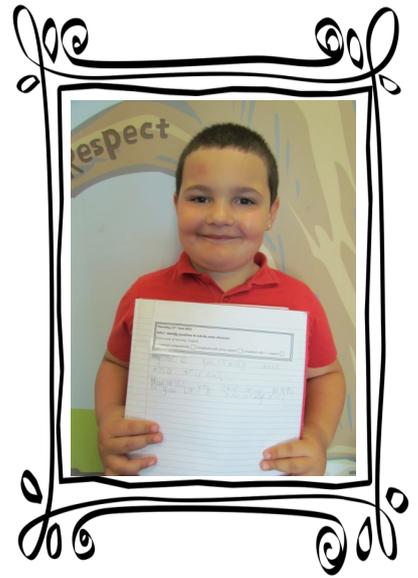
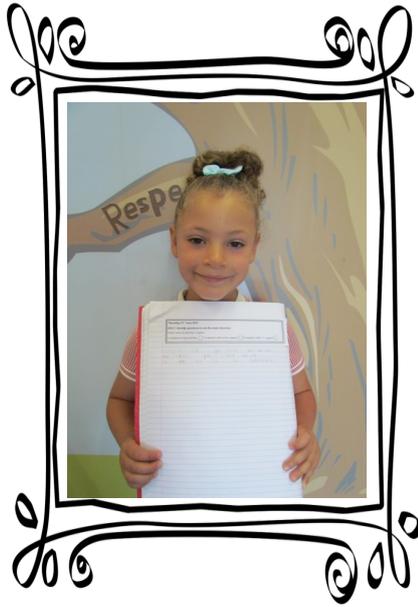
For showing respect and maturity this week when discussing refugees during guided reading

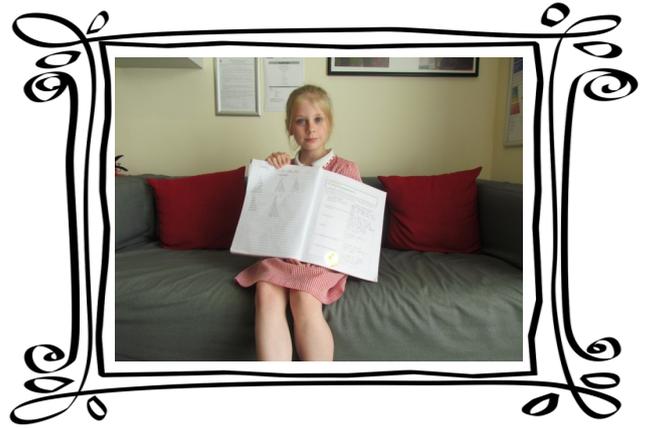
Dear God,

We pray that you help us to treat others how we would like to be treated, that you help us to love and respect at all times and pray for others before praying for ourselves.

Amen

# Amazing Work





## Dates for your diary

Monday 4th July - Penrice/Poltair transition days

Thursday 14th July - KS1 Eden Project trip

Friday 15th July - Sports Day. 10am-12pm KS1. 1.30pm-3pm EYFS/KS1

2022 Inset Days Mon 25th Jul 2022 / Tues 26th Jul 2022



## PSA Bulletin

### This week let's talk about 'Transitions'

Transitions happen all of the time! Some of us cope easily and others less so.

Whether a child or young person is starting primary school, changing schools or classes, expecting a sibling, moving house or even just transitioning from home to school; transition periods need to be managed carefully. Children who are left to struggle with a 'transition' can find that they suffer a negative impact on their wellbeing and academic achievement. During any transition

period, it's important that children and young people are able to talk about their concerns and are supported to cope with any readjustments.

#### Who might struggle more?

Children and young people with:

- additional learning needs
- mental health problems
- behavioural problems
- limited parental support
- experience of transient living, such as being in care
- anxiety or parents who are anxious
- experience of being bullied

#### How might we spot the signs that a child is struggling?

- struggles to make friends
- has ongoing difficulties coping with daily routines
- increased number of late marks, unauthorised school absences or frequent illnesses
- challenging or disruptive behaviour

lower than expected progress, a disinterest in school or school avoidance

**Change is a normal part of life and can provide opportunities for children and young people to develop their resilience.**

**Action for Children** offer advice about [How parents can help children cope with change](#) as well as lots of suggestions about how to support a child to [manage stress](#) or [deal with anxious feelings](#)

#### For Year 6 families

**Transition Mission** has been created by a group of young people in Cornwall who wanted to share some of the things they think could help make transition to secondary school easier. Transition mission is full of great advice and really helpful wellbeing ideas.

[Download a copy of MIssion Transition \(headstartkernow.org.uk\)](#)

At the HeadStart Kernow website you can view more helpful tips including this [short animated video](#) that you may wish to watch together with your Year 6 child.

There are also some fantastic [resources to help parents](#) to understand the changes that pre-teens are going through and how their brains are changing ... I'd really recommend watching the Dan Siegel videos which you will find [here](#), they help us understand why 'feelings and emotions can become trickier to manage for a few years!'

#### Start Now Website & Online Wellbeing Action Plan

The [Start Now](#) website and the [Online Wellbeing and Resilience Action Plan](#) have both been created by Young People involved in Headstart Youth.

WRAP on the APP

There is now an app version of the WRAP as part of the Your Way App

The App is free and available on both Apple and Android devices

**Apple:** <https://apps.apple.com/gb/app/your-way/id1573252976>

**Android:** <https://play.google.com/store/apps/details?id=com.app.yourway>

# Parent Support Bulletin continued...

## Top Tips for parents who are helping a child to cope with transitions

**PREPARE:** provide ample opportunity to process the transition by providing them with age-appropriate information. Some children may want to see pictures, learn people's names, or spend time in the environment ahead of time.

**TALK ABOUT IT:** Making it part of your everyday conversation. Encourage your child to ask questions or express their thoughts about the transition. Ask open-ended questions. Be curious about how they are feeling and provide space for this to be explored safely.

**FOCUS ON WHAT YOU DO KNOW:** Often with a transition there can be some unknown quantities and whilst it is useful to talk about things we are worried about it can be very empowering to focus on 'what we do know' and 'the facts'. Make a list if there are questions that you hope to get answered but spend time reassuring children about the parts we can be sure about.

**MAINTAIN ROUTINES AND BOUNDARIES:** Children feel secure when they consistent structure and reassuring boundaries in place. They cope better when we can offer this continuity. At times of change and transition, children rely very heavily on the few things which can remain unchanged and familiar.

**PROVIDE OUTLETS FOR EXPRESSION:** Not all children can put 'big feelings' into words, some child will need different means to express themselves, perhaps through art or journaling or using tools to alert you that they are not feeling 'ok'.

**PRACTICE COPING SKILLS:** Create a list of calming and coping strategies and practice them often. In some situations, role playing together helps the child feel more confident and gives them options for handling the event in real life. Download this [FREE SELF CARE PLAN](#) for children and role model the value that self-care can have on resilience and wellbeing.

**WATCH FOR WARNING SIGNS:** It may not always be obvious when a child is anxious about a transition. Behaviour is likely to be the most obvious indicator; a child may regress slightly or perhaps become more challenging. We must remember that this is communicating 'something' and they need our support. Physical signs might include changes in sleep and eating habits or suffering more headaches or tummy aches.

**SEEK HELP:** Remember that a certain amount of anxiety is 'normal'. With support even anxious children can successfully navigate change and develop increased resilience as they do so. If the 'warning signs' give you cause for concern speak to professionals who may be able to signpost you to the appropriate help. You could speak to the school, a GP, a School Nurse helpline or in Cornwall parents can also request support from the [Early Help Hub](#)

**How to contact me:** It's never too soon to make contact if you have any concerns. You can reach me via text on the PSA mobile **07903 613074** or via email, [terri-anne.old@celticcross.education](mailto:terri-anne.old@celticcross.education)

Normal working days are Tuesday and Wednesday 8.00-16.00 and Thursday 8.00-13:00

# Parent Support Bulletin continued...



## Parents and Carers Virtual Coffee Morning Sessions

The HeadStart Community Facilitators are hosting **free** Virtual Coffee Morning sessions on Zoom for parents and carers to find out more about a wide range of services and organisations in Cornwall.

<p><b>Friday 29th April 10am - 12</b> with guest professionals from <b>Hunrosa</b> and the <b>Autism Spectrum Assessment Team (ASDAT)</b></p>
<p><b>Friday 27th May 10am - 12</b> with guest professionals from the <b>Primary Mental Health Team</b> and the <b>HeadStart Kernow Online Resilience Tool</b></p>
<p><b>Friday 24th June 10am - 12</b> with guest professionals from <b>Dreadnought</b> and <b>Coastline Housing</b></p>

For more information and how to join, please email:  
[Rachel.Coverson@ypc.org.uk](mailto:Rachel.Coverson@ypc.org.uk)



Information Classification: CONTROLLED

## Behaviours That Challenge Virtual/On-line Support Group

Do you find your child's behaviour sometimes challenging?  
Would some friendly support and advice be helpful?  
If you would like to be able to talk in confidence and meet other parents/carers experiencing similar challenges, then do come along.

**Tuesday 26<sup>th</sup> April at 12:30 - 2:30 pm - Passionate About Being Calm**  
Microsoft Teams meeting  
Join on your computer or mobile app  
[Click here to join the meeting](#)  
Or call in (audio only)  
+44 20 3443 6327 701501047# United Kingdom, London  
Phone Conference ID: 701 501 047#  
[Find a local number](#) | [Reset PIN](#)  
[Learn More](#) | [Meeting options](#)

**Tuesday 24<sup>th</sup> May 12:30-2:30pm with Guest Speaker Tigger Pritchard about Autism**  
Microsoft Teams meeting  
Join on your computer or mobile app  
[Click here to join the meeting](#)  
Or call in (audio only)  
+44 20 3443 6327 99665599# United Kingdom, London  
Phone Conference ID: 966 856 90#  
[Find a local number](#) | [Reset PIN](#)  
[Learn More](#) | [Meeting options](#)

**Wednesday 22<sup>nd</sup> June 12:30-2:30pm with Guest Speaker PC Drew about County Lines**  
Microsoft Teams meeting  
Join on your computer or mobile app  
[Click here to join the meeting](#)  
Or call in (audio only)  
+44 20 3443 6327 384178489# United Kingdom, London  
Phone Conference ID: 384 178 489#  
[Find a local number](#) | [Reset PIN](#)  
[Learn More](#) | [Meeting options](#)

**Wednesday 20<sup>th</sup> July 12:30 - 2:30 pm - Becky Higgins, Volunteer Cornwall**  
Microsoft Teams meeting  
Join on your computer or mobile app  
[Click here to join the meeting](#)  
Or call in (audio only)  
+44 20 3443 6327 833360220# United Kingdom, London  
Phone Conference ID: 833 360 220#  
[Find a local number](#) | [Reset PIN](#)  
[Learn More](#) | [Meeting options](#)

For further information please contact  
Julie Attwell Email: [julia.attwell@cornwall.gov.uk](mailto:julia.attwell@cornwall.gov.uk)

## Other notices

# TEA IN THE PARK

**THURSDAY 30TH JUNE  
POLTAIR SCHOOL  
18.00 - 20.00**

Performances from:  
**The Tregony Teachers**  
Local Schools | Altitude Dance  
Launch Theatre | Studio4Dance

Bring your own picnic and  
blanket/chairs

Refreshments are available and can be  
purchased on-site

RSVP via [this link](#)  
or scan the QR code

Summer Reading Challenge 2022

# GADGETEERS

Presented by The Reading Agency.  
Delivered in partnership with libraries.

JOIN FREE  
AT YOUR  
LOCAL  
LIBRARY!

**Runs Sat 9th July - Sat 10th Sept  
FREE to join at St Austell Library!**

summerreadingchallenge.org.uk

# SKIP THE QUEUE

**WHY NOT BOOK A SLOT TO TAKE ADVANTAGE  
OF OUR EXPERT FITTING ADVICE?**

From their very first crawling shoes to robust and stylish school shoes or shoes for those big weekend adventures, our kids in-store fitting experts will help you find the perfect fit for their growing feet. Plus, we have a personal shopping and fitting service for adults too.

With hundreds of Clarks stores to choose from, skip the queues and book a 15 minute measure and fit appointment at a time that suits you.

Clarks combine almost 200 years of expert shoemaking with everything they know about caring for growing feet to provide unbeatable all-day comfort. Their shoes pass up to 60 tough tests, from flexing leather 500,000 times to pulling laces to destruction. The results? The best shoes ever, keeping little feet happy all day long.

To book your in-store fitting appointment visit [www.clarks.co.uk](http://www.clarks.co.uk) or contact your local store

**IN-STORE FITTING**  
Avoid the queues and book your in-store measure and fit appointment online now at [www.clarks.co.uk](http://www.clarks.co.uk)

Choose Clarks St Austell and a time slot that suits you.

Plus, take along your child's most recent pair of Clarks shoes, and they'll check if they're still a good fit.

**QUIET IN STORE FITTING?**  
Shoe shopping can be overwhelming for some children. If you think a shopping experience without crowds, noise and bright lights would be better, then book a Quiet Time appointment.

To do this, contact Clarks  
St Austell on 01752 793330

Opening hours:  
Mon to Sat 9.00am - 5.30pm  
Sunday 10.00am - 4.00pm