



PSA Bulletin

This week let's talk about 'being safe online'

About Safer Internet Day

Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people, and to inspire a national conversation about using technology responsibly, respectfully, critically, and creatively. Safer Internet Day 2022 is on 8th February and will be celebrated with the theme 'All fun and games? Exploring respect and relationships online'. Safer Internet Day 2022 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.



Parents and Carers play a vital role in helping children to remain safe when online. For top tips and considerations for those aged 11 and under please click [here](#)

For practical guides on ways to have helpful conversations with your children about their activities online please view Headstart Kernow's support which is grouped into aged

categories. I have provided links for [0 - 5 yrs](#), [6 - 8 yrs](#) and [9 - 12 yrs](#) but there are guides for parents

of older children available too. An example of the types of activities that these guides point out can be seen to the left.

There is also a helpful tool to help parents determine whether their child's activity is safe or whether it represents a risk. [The Online Resilience Tool](#)

Age	OK	Find Out More	Cause for Concern
6-8 y/o	Age-appropriate gaming with adult supervision	Being left with a tablet/smartphone unsupervised for 30 minutes or more	Use of digital devices after bedtime
	Filming themselves/friends playing age appropriate games	Preoccupation with digital devices	Contact with strangers online
	Guided research/learning	Gaming alone	Sexual or violent language
	Supervised schoolwork using online technology	Multi-player online gaming (find out who they are playing with and how they interact)	Accessing pornography
	Messaging friends on shared devices	Secretive use of online device	Sexualised posing
	Watching online content on a device with parental controls	Ownership of their own devices	Requesting images to be airbrushed
	Taking but not sending selfies	Accidental access of sexual content	Sharing indecent or distressing images with peers
	Playing with filters on selfies and other digital photography	Mimicking online behaviour	
	Sharing images with peers with parent/guardian oversight	Being obsessed with taking selfies	
		Posing all the time	
		Being obsessed with celebrities/wanting to be a celebrity	
		Ganging up on or isolating others online	

How to contact me:

It's never too soon to make contact if you have any concerns. You can reach me via text on the PSA mobile

07903 6413074 or via email,

terri-anne.old@celticcross.education

Normal working days are Tuesday and Wednesday 8.00-16.00 and Thursday 8.00-13:00

