



HEAD'S BLOG...

Another busy old week here, which has seen more of our children accessing our Wild Space for Wild Tribe interventions or whole class outdoor learning sessions. This term our skill focuses are knots and tools, supporting children to develop perseverance and their understanding of the importance of following rules. Why not try out some knot-tying at home?!

I've seen lots of pupils for great work and great behaviour this week. We have been reminding pupils of our Rules for Life throughout the week. We keep it to three so they should be easy to remember:

- Show good manners at all times
- Follow instructions with thought and care
- Care for everyone and everything

The three rules really do encompass the behaviour we expect to see in school (and in life!) and allows all our children to flourish. Why not ask your child if they can remember them?

Watch out for some slight changes to homework coming soon. Following our parent survey at the end of last year, we have reviewed our homework policy. It is in line with educational research into the type of tasks which are most worthwhile. If you want to find out more, please click [here](#) to read the draft homework policy.

Ms Carmichael

Coronavirus reminder

If your child develops any symptoms of Coronavirus (persistent cough, high temperature or loss of taste / smell), s/he MUST NOT come to school and school must be informed. Call 119 or get a test online at:

<https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

If you believe that your child is well enough to attend school and they have only symptoms of a 'common cold' such as: runny nose, sore throat or a mild cough they are permitted to attend.

NB: All absences must be reported to our school office by calling 01726 64322. You can leave a message if outside of office hours. Please DO NOT report absences via Class Dojo. Thank you.

Polite reminder: School gates / doors open at 8:45am. Please do not enter until this time as your child may not be supervised and we cannot ensure their safety.

DATES FOR YOUR DIARY

2021/22 Autumn Term Diary Dates:

Tues 12th/Wed 13th Oct—Y6 Penrice open days (appointment needed)

Mon 25th Oct—Fri 29th Oct 21—Half term

2021/22 Inset Days:

Mon 1st Nov 2021 / Mon 25th Jul 2022 / Tues 26th Jul 2022

FANTASTIC WORK



This week's achievers

Congratulations to all of our achievers this week, for achievement in PE and displaying our Christian value of forgiveness:

Max, Livia, Leyla, Harvey, Clara, Olivia, Robert, Isaac, Millie, Lucas, Nathan, Rowan, Rowan and Gracie-Lou.



PARENT SUPPORT



Together for Families

Your School Nurse

Your child can have access to a School Nurse at any time if you have any health concerns, in addition your School Nurse offers a full health assessment in reception and year 6.

The School Nurse can check:

- Your child is growing healthily and support with healthy eating
- Support with access to dental care and general support for dental hygiene
- Help with day / night time wetting or soiling
- Provide information about immunisations
- Guidance re healthy lifestyles
- Support with general hygiene issues including head lice and worms
- Support with general emotional health issues
- Support to access other health professionals
- Routines, including sleep

Additionally in Year 6:

- Friendships
- Relationships
- Development, including periods and puberty
- Access to specialist services – including dietician, healthy weight programmes and voluntary services
- Developmental issues
- Transition to secondary school
- Healthy lifestyles



Find out more...

Call 01872 322779
Email hvsnadvice@cornwall.gov.uk
Follow us @tffcornwall

www.cornwall.gov.uk/schoolnursing

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Headstart Kernow

Fancy FREE access to Creative Education Parent and Carer Online Courses?

A simple way for parents/carers and children to be involved in wellbeing work.

<https://www.headstartkernow.org.uk/parents--carers/online-wb-courses/>

Early Help Newsletter – Autumn 2021

Free information, support and guidance

Parenting Support Courses

We are continuing to support parents and carers and offer interactive parenting courses both online and face to face groups to ensure we are offering a full service to parents / carers in the safest way. Service requests will continue to be received through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub

The courses available will be:

- Being Passionate About Parenting - Early Years 1 - 3 years (3 x 1½ hours)
- Being Passionate About Parenting - 4 - 11 years (3 x 1½ hours)
- Being Passionate About Being Calm - 4 - 11 years (1 x 2 hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD- 5 - 11 years (3 x 1½ hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years (4 x 1½ hours)
- Being Passionate About Parenting - The Teenage Brain 12 - 17 years (3 x 1½ hours)
- Take 3 - Supporting Teenagers 12 - 17 years (5 x 2 hours)

Future Highlight

- Introduction to Teenagers with ADHD Traits
- Introduction to Teenagers with Autistic Traits
- Introduction to Teenagers with Sensory Challenges

All 2½ hour sessions. These are optional add-on sessions following completion of Take 3 (if relevant).

Just for Dads

You can also find information tailored just for you on the Family Information Service –

<https://www.supportincornwall.org.uk/fordads>

facebook

For further updates and information on what's happening in your area visit us on Facebook:

www.facebook.com/PenwithFamilyHubs

www.facebook.com/KerrierFamilyHubs

www.facebook.com/CarrickFamilyHubs

www.facebook.com/RestormelFamilyHubs

www.facebook.com/NorthCornwallFamilyHubs

www.facebook.com/CaradonFamilyHubs

Family Information Services

For useful parenting information, updates on parenting programmes including face to face delivery and Parenting Podcasts please access the Family Information Service website –

www.supportincornwall.org.uk

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116



Information Classification: CONTROLLED

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Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world. Delivered through a series of multimedia workshops for parents and carers living in Cornwall and the Isles of Scilly. Designed to help you get a better understanding of the ever-changing world your child is growing up in, to guide you to available services and support and to promote helpful conversation.

For further information please visit:

www.headstartkernow.org.uk

www.facebook.com/TFFCornwall



Parents can struggle at one time or another. For some, the challenges can be greater. You are not alone.

Home-Start's volunteers work alongside families just like yours to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

'Walk, Talk and Play' Groups in June and July to book your place contact:

julia@homestartkernow.org.uk

or take a look at the website:

<http://homestartkernow.org.uk>

Useful Links

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/>

Provides useful links to other areas of support.

<https://solihullapproachparenting.com/>

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years including children with additional needs and children's health and wellbeing.

Free Access Code: TAMAR

www.autism.org.uk

For families and individuals on the autism spectrum. Providing support, guidance and advice, as well as campaigning for improved rights, services and opportunities.

www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiverse' minds, such as, dyslexia, dyspraxia, autism spectrum, dyscalculia and Tourette's syndrome.

www.addiss.co.uk

The National Attention Deficit Disorder Information and Support Service. Providing people-friendly information and resources.

www.pdasociety.org.uk

Pathological Demand Avoidance Society offer Information, support and training for PDA.

[PDA Together | Facebook](https://www.facebook.com/PDATogether)

For parents and individuals to support and inform each other within the world of PDA.

www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, disabled or seriously injured in accidents.



Together for Families

www.cornwall.gov.uk

If you would like this information in another format, please contact:

Cornwall Council, County Hall, Truro Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

OTHER NOTICES

School Admissions

The online application process for Starting School, Transfer to Junior School and Transfer to Secondary School for September 2022 has now started. Detailed information about the admissions process is available online or on request from the School Admissions Team.

Please ensure you name **more than one preference**. It will not mean less chance of securing place at your preferred school. Please note that if you do not apply on time, your preferred school's may already be full.

If you need support with your application process, please contact the office, the Family Information Service (0800 587 8191) or School Admissions Team (0300 1234 101).



Do you have a child born between 1 September 2017 and 31 August 2018?

If so, you will need to apply for a place in a reception class in September 2022 for that child by the deadline of **15 January 2022**.

Please note: you will need to apply even if your child attends a school's nursery or pre-school class. If a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system

Need help with your application?

Contact the Family Information Service on 0800 587 8191

The deadline for applications is **15 January 2022**



www.cornwall.gov.uk



Transfer to secondary school

September 2022

Applying for a place in year seven at a secondary school

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions

Email: schooladmissions@cornwall.gov.uk

Post: School Admissions Team, County Hall, Truro, TR1 3AY

Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191

The deadline for applications is **31 October 2021**



www.cornwall.gov.uk

Applying for a secondary school place for September 2022

Special Educational Needs

If an Education, Health and Care (EHC) Plan has been issued for your child you do not need to complete an application form. Please contact the Statutory SEN Service for more information: Tel: 01872 324242 Email: statutorysen@cornwall.gov.uk

1 Decide on your preferred schools

You are strongly advised to name **three** preferences on the application form. **Naming a second or third preference does not give you any less chance of getting a place at your preferred school.** When making your decision you should...

...think about **how your child will get to school**. Go to www.cornwall.gov.uk/schooltransport for more information on whether your child would be entitled to transport to school.

...look at the **admission arrangements** on our website that will be used to allocate places for each school.

...consider naming your **nearest or designated school** as one of your preferences. You can find your nearest or designated school on our website.

...look at the detailed **admissions information** on our website, also available on request.

2 Submit your application by 31 October 2021

Apply online at www.cornwall.gov.uk/admissions

3 Wait to find out which school you have been allocated

If you applied on time you will be notified of your allocation on **National Offer Day: 1 March 2022**. **Apply on time!** Late applications will only be dealt with after National Offer Day and there may not be any places left at your preferred schools.



CORNWALL
YOUTH
BADMINTON



THE TIME IS NOW

Join the Badminton England

'BIG HIT' Event

Sunday 10 October

Treviglas Sports Hub

FREE (yes no charge!)

Contact Cath Bick for more information on cybsecretary@gmail.com

Timings:

Primary School Sessions is 0930 – 1100am

Years 7, 8, 9 session is 1115 – 1245pm

Year 10+ session is 1300 – 1430pm



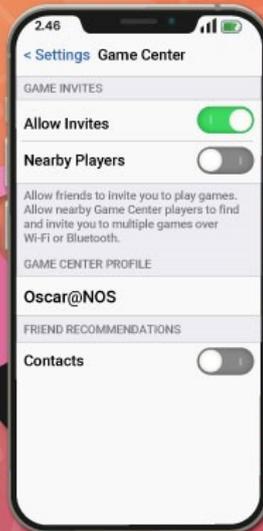
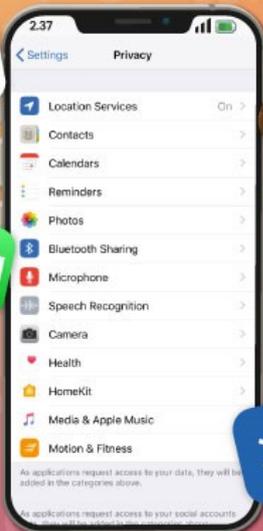
Badminton is a sport for life

ONLINE SAFETY

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

How to Set up PARENTAL CONTROLS for APPS iPhone

Apple devices come with built-in apps already available: Mail, FaceTime and Safari, for example. However, you can choose which apps and Features appear on your child's device and which ones don't. You can also manipulate the features in Game Centre to enhance your child's safety and privacy when playing games, as well as blocking iTunes or App Store purchases if you wish.



How to Restrict Built-in Apps/Features

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Allowed Apps (you may need to toggle this to 'on' at the top)
- 5 Enable or disable the apps you wish to appear (or disappear) on your child's device

How to Restrict Game Centre

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions (you may need to switch the toggle at the top to the 'on' position)
- 5 Scroll down to Game Centre
- 6 Choose between Allow, Don't Allow, or Allow with Friends Only in the settings for each feature

How to Restrict iTunes & App Store Purchases

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap iTunes & App Store Purchases
- 5 Select Allow or Don't Allow for each feature (you can also lock these settings with a password)

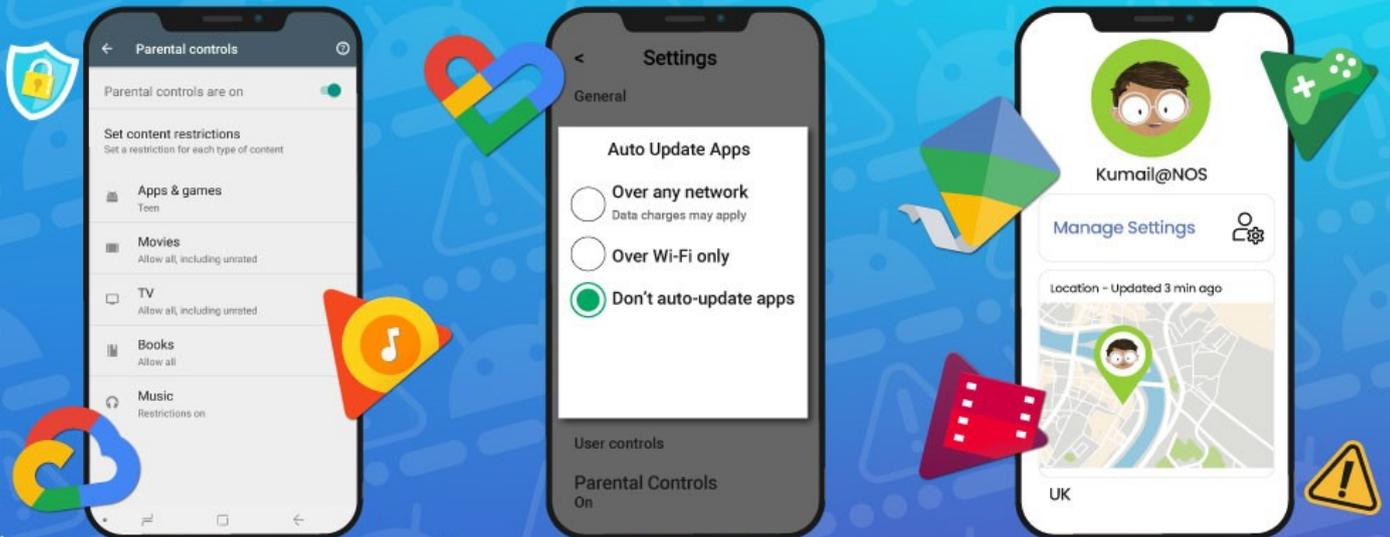


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How to Set up PARENTAL CONTROLS for APPS Android Phone

On Android phones, restricting access to particular apps usually requires going onto Google Play. From there, it's fairly easy to navigate your way through the settings to manage the parental controls and authentications relating to any apps on the device. These features can prevent your child from downloading or buying anything unsuitable for their age. Updated versions of apps or games that your child has already installed may occasionally contain something inappropriate, so we've explained how to stop those, too.



How to Block App Downloads (This Also Disables In-app Purchases):

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Scroll down to the Family section and tap Parental controls
- 5 Toggle 'Parental controls are off' to 'Parental controls are on'
- 6 Create a PIN and tap OK
- 7 Confirm your PIN and tap OK again
- 8 Tap Apps & Games
- 9 Set the age limit you wish to set
- 10 Tap Save to apply your changes

How to Stop Auto-updates

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Tap Auto-Update Apps
- 5 Select 'Don't auto-update apps' and then tap Done

Restricting Apps Through Google Family Link

- 1 Open Google Play Family Link for parents
- 2 Tap the three horizontal lines in the top left
- 3 Select your child's account
- 4 Tap Manage
- 5 Tap Controls on Google Play
- 6 Tap Apps & Games
- 7 Select the age limit you wish to set



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